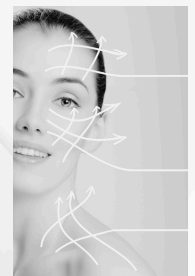




# AMERICAN BOARD OF AESTHETIC MEDICINE AND COSMETIC SURGERY



✓ DHA CME CREDIT POINTS  
APPROVED

STEP 1: FUNDAMENTALS OF AESTHETIC MEDICINE

**PRICE: \$3,000 USD + VAT**

STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE

**PRICE: \$3,500 USD + VAT**

STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE

**PRICE: \$3,500 USD + VAT**

BOARD EXAMINATION

**PRICE: \$2,000 USD + VAT**

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## **AMERICAN BOARD OF AESTHETIC MEDICINE AND COSMETIC SURGERY (ABAMCS)**

ABAMCS IS THE MEDICAL BOARD ORGANIZATION WHICH WAS FOUNDED BY DR. FRANK SOTO LEON AND DR. JENNIFER SOTO.

**ABAMCS** IS BASED IN OMAHA NEBRASKA, UNITED STATES OF AMERICA



## **MED COURSES CONFERENCE LLC**

MEDCC LLC IS THE ONLY AUTHORIZED ORGANIZER OF ABAMCS IN THE MIDDLE EAST, ASIA PACIFIC, AFRICA AND EUROPE. MEDCC LLC IS CONDUCTING WIDE SCOPE OF CONTINUING MEDICAL EDUCATION PROGRAMS AND MEDICAL CONFERENCES.

MEDCC IS BASED IN DUBAI, UNITED ARAB EMIRATES



## **COCOONA CENTRE FOR AESTHETIC TRANSFORMATION**

COCOONA IS THE COLLABORATING CLINIC OF MEDCC.  
COCOONA IS A DHA APPROVED CLINIC AND TRAINING FACILITY.  
IT IS BASED IN DUBAI, UNITED ARAB EMIRATES





# **STEP 1: FUNDAMENTALS OF AESTHETIC MEDICINE**

## **DAY 1: STEP 1**

INTRODUCTION TO YOUR FACULTY AND THE WORLD OF AESTHETICS. WHY AESTHETIC MEDICINE IS NOW THE MOST RAPIDLY ADVANCING FIELD OF MEDICINE.

### **EDUCATIONAL OBJECTIVES:**

DELEGATES WILL LEARN HOW TO PROPERLY AND EFFICIENTLY CONDUCT AN AESTHETIC PATIENT CONSULTATION.

DELEGATES WILL LEARN HOW TO PROPERLY AND EFFICIENTLY EVALUATE THE PATIENT'S SKIN AND MAKE PERTINENT TREATMENT RECOMMENDATIONS.

# **STEP 1: FUNDAMENTALS OF AESTHETIC MEDICINE**

## **LECTURES: DAY 1: STEP 1**

- 1.THE AESTHETIC CONSULTATION  
THE YOUNG PATIENT VS THE AGING FACE
- 2.THE BRIGHT & BRILLIANT: SKIN EVALUATION
3. SKIN ANATOMY AND SAFETY
  - 3.1 FITZPATRICK SCORE CLASSIFICATION
  - 3.2 HOW TO PROPERLY EVALUATE THE SKIN
4. SKIN CONDITIONING: COSMECEUTICALS
5. TREATMENT BASED MODALITIES:
6. CHEMICAL PEELING
7. MICRO-NEEDLING
8. LIGHT THERAPY:
  - 8.1 BROAD BAND LIGHT, IPL, LASERS
  - 8.2 MICRO-NEEDLING RF
9. ULTRASOUND BASED SKIN TIGHTENING
10. COMPLICATIONS AND MANAGEMENT OF COMPLICATIONS

## **HANDS ON SESSION**

# **STEP 1: FUNDAMENTALS OF AESTHETIC MEDICINE**

## **DAY 2: STEP 1**

### **EDUCATIONAL OBJECTIVES:**

DELEGATES WILL OBTAIN THE REQUIRED KNOWLEDGE TO SAFELY AND EFFICIENTLY CHOOSE AND INJECT NEUROMODULATORS FOR THE TREATMENT OF WRINKLES.

### **LECTURES: DAY 2: STEP 1**

- 1.NEUROMODULATORS: BOTOX, DYSPORT, XEOMIN, JEUVEAU
- 2.MECHANISM OF ACTION OF NEUROMODULATORS
- 3.HOW TO CHOOSE THE NEUROMODULATOR
- 4.FACIAL ANATOMY FOR NEUROMODULATORS
- 5.SAFETY PROFILE FOR NEUROMODULATORS
- 6.HOW TO RECONSTITUTE THE PRODUCTS
- 7.STORAGE OF NEUROMODULATORS
- 8.HOW TO FIGURE OUT CONCENTRATIONS
- 9.INJECTION TECHNIQUES FOR UPPER FACE
- 10.POTENTIAL COMPLICATIONS
11. MANAGEMENT OF COMPLICATIONS

### **HANDS ON SESSION**



# **STEP 1: FUNDAMENTALS OF AESTHETIC MEDICINE**

## **DAY 3: STEP 1**

### **EDUCATIONAL OBJECTIVES:**

AT THE END OF THIS MODULE, DELEGATES WILL OBTAIN ALL THE NECESSARY KNOWLEDGE TO AUGMENT DIFFERENT AREAS OF THE FACE SAFELY AND PROFICIENTLY WITH HA FILLERS.

#### **LECTURES: DAY 3: STEP 1**

1. TYPES OF FILLERS: HA FILLER, CALCIUM HYDROXYAPATITE, POLYMETHYLMETHACRYLATE (PMMA)
2. MECHANISM OF ACTION
3. HOW TO CHOOSE THE RIGHT FILLER (SELECTION OF FILLER)
4. FACIAL ANATOMY AND PHYSIOLOGY ASSOCIATED WITH FILLERS
5. SAFETY PROFILE FOR FILLERS
6. INJECTION TECHNIQUES (DEPTH AND ANGLE)
  - NASOLABIAL FOLDS
  - CHEEKS
  - LIPS
7. COMPLICATIONS AND MANAGEMENT OF COMPLICATIONS FOR HA FILLERS
8. THE RESCUE KIT THAT YOU MUST HAVE

#### **HANDS ON SESSION**



# **STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE**

INTRODUCTION TO ADVANCED AESTHETICS AND HOW THIS IS GOING TO PROPEL YOUR PRACTICE TO THE NEXT LEVEL.

**EDUCATIONAL OBJECTIVES:** AFTER COMPLETION OF THIS COURSE, DELEGATES WILL OBTAIN THE NECESSARY AND REQUIRED KNOWLEDGE TO EFFICIENTLY AND SAFELY PERFORM ADVANCED TREATMENTS IN THE FIELD OF AESTHETIC MEDICINE.

# **STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE**

## **DAY 1: STEP 2**

### **ADVANCED NEUROTOXIN**

#### **EDUCATIONAL OBJECTIVES:**

DELEGATES WILL REVIEW IMPORTANT FACIAL ANATOMY TO UNDERSTAND HOW MUSCULAR FUNCTION PERMIT ENHANCEMENT, TREATMENT & RESHAPING OF FACIAL FEATURES.

DELEGATES WILL LEARN THE USE OF NEUROTOXINS FOR TREATMENTS OTHER THAN FACIAL WRINKLES AND ASYMMETRY CORRECTIONS.

DELEGATES WILL SAFELY AND EFFICIENTLY BE ABLE TO PERFORM ADVANCED NEUROTOXIN TECHNIQUES.



# **STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE**

## **LECTURES: DAY 1 : STEP 2**

1.ADVANCE ANATOMY REVIEW UNDERSTANDING HOW MUSCLES WORK TOGETHER

2.USE OF NEUROTOXINS FOR:

NOSE TIP ELEVATION

NASAL FLARING TREATMENT

FACE SLIMMING & JAW DELINEATION

BUNNY LINES

GUMMY SMILE

BROW RAISING (LATERAL BROW ELEVATION)

NECKLACE LINES

PERIORAL LINES

LIP FLIP

PLATYSMAL BANDS

MENTALIS (CHIN COBBLE STONE)

HYPERHIDROSIS AXILLARY, PALMAR & PLANTAR

3.MANAGEMENT OF ADVANCE NEUROTOXIN COMPLICATIONS

## **HANDS ON SESSION**

# **STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE**

## **DAY 2: STEP 2**

### **ADVANCED FILLERS**

#### **EDUCATIONAL OBJECTIVES:**

1. DELEGATES WILL REVIEW ESSENTIAL VASCULAR AND NEURAL ANATOMY TO SAFELY AND SUCCESSFULLY PERFORM NERVE BLOCKS AND USE FILLERS FOR FACIAL SHAPING AND AUGMENTATION OF VOLUME DEPLETED AREAS.
2. DELEGATES WILL LEARN THE USE OF BLUNT CANNULAS FOR FILLER INJECTIONS
3. VASCULAR AND NEURAL ANATOMY REVIEW

# **STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE**

## **LECTURES: DAY 2: STEP 2**

1. NERVE BLOCKS TECHNIQUE AND THE IMPORTANCE OF PROVIDING COMFORTABLE TREATMENTS
2. 1ST LEARN WHERE NOT TO INJECT
3. USE OF HYALURONIC ACID FILLERS FOR:
  - TEAR TROUGHS
  - TEMPLES
  - LIPS THE "RUSSIAN TECHNIQUE"
  - JAW SHAPING
  - CHIN AUGMENTATION
  - NOSE SHAPING (DR. MAZEN)
  - BROW ELEVATION
  - MARIONETTE LINES
- POLY -L-LACTIC ACID SCULPTRA
4. BENEFITS AND INJECTION TECHNIQUES
5. COMPLICATIONS AND MANAGEMENT OF COMPLICATIONS

## **HANDS ON SESSION**



# **STEP 2: ADVANCED CERTIFICATION IN AESTHETIC MEDICINE**

## **DAY 3: STEP 2**

### **SCLEROTHERAPY AND LASER HAIR REMOVAL**

#### **EDUCATIONAL OBJECTIVES:**

1. DELEGATES WILL REVIEW THE ANATOMY OF HAIR AND HOW TO TREAT HAIR LOSS AND LASER HAIR REMOVAL.
2. DELEGATES WILL LEARN SCLEROTHERAPY AND HOW TO SAFELY USE IT TO TREAT VARICOSE VEINS AND SPIDER VEINS

#### **LECTURES: DAY 3: STEP 2**

AESTHETIC DERMATOLOGY

VEIN ANATOMY THE DEVELOPMENT OF VARICOSE VEINS

SCLEROTHERAPY

SCLEROTHERAPY VS LASERS FOR VASCULAR TREATMENTS

#### **HANDS ON SESSION**

# **STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE**

## **DAY 1: STEP 3**

### **INTRODUCTORY LECTURE:**

MASTERING THE FIELD OF AESTHETIC MEDICINE BEYOND ESSENTIAL KNOWLEDGE AND SKILLS. COMBINING AESTHETIC MODALITIES.

### **EDUCATIONAL OBJECTIVES:**

DELEGATES WILL ACQUIRE THE NECESSARY KNOWLEDGE AND SKILLS TO SAFELY AND SUCCESSFULLY ACQUIRE, PROCESS AND INJECT PLATELET RICH PLASMA AND HOW TO USE IN COMBINATION FOR TREATMENTS.

# **STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE**

## **LECTURES: DAY 1: STEP 3**

### **1. PRP:**

- 1.1 ESSENTIAL ANESTHESIA TECHNIQUES: FIELD BLOCKS
- 1.2 THE SCIENCE BEHIND PRP
- 1.3 PERIOcular REJUVENATION
- 1.4 PERIORAL REJUVENATION
- 1.5 PRP FOR HAIR RESTORATION

### **2. THE P SHOT AND THE O SHOT**

### **3. PRP FOR TREATMENT OF COMPLICATIONS (CASE STUDY)**

### **4. PRF**

### **5. EXOSOMES**

### **6. COMBINING TREATMENT MODALITIES WITH PRP**

### **7. NON-SURGICAL BODY SCULPTING**

COOL SCULPTING EMSCULPT, SCULPTURE, MICRORF, CELLULITE TREATMENT, DIMPLE RELEASE

## **HANDS ON SESSION**



# **STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE**

## **DAY 2: STEP 3**

### **THREADS, STEM CELLS AND FAT TRANSFER**

#### **EDUCATIONAL OBJECTIVES:**

- 1.DELEGATES WILL ACQUIRE THE NECESSARY KNOWLEDGE AND SKILLS TO SAFELY AND SUCCESSFULLY USE THREAD TO REPOSITION LAXED FACIAL TISSUES
- 2.DELEGATES WILL ACQUIRE THE NECESSARY KNOWLEDGE AND SKILLS TO SAFELY AND SUCCESSFULLY USE NON-INVASIVE METHODS OF BODY CONTOURING

# **STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE**

## **LECTURES: DAY 2: STEP 3**

- 1.THREADS TYPES AND USES
- 2.ANESTHESIA FOR THREADS
- 3.THREAD LIFTING

PATIENT EVALUATION AND EXPECTATIONS  
VECTORS AND MARKING PATIENTS  
REPOSITIONING TISSUE. THE AGING FACE.  
THE IDEAL CANDIDATE  
MY ELEVATETM OVER VIEW

- 4.COMBINING THREADS WITH HA FILLERS, SCULPTRA, ENERGY BASED TREATMENTS  
(LASERS MICRO-NEEDLING RF)
- 5.COMPLICATIONS AND MANAGEMENT OF COMPLICATIONS
- 5.FAT TRANSFER  
WHY FAT MAY BE THE BEST FILLER  
NANO FAT
- 7.STEM CELLS

## **HANDS ON SESSION**

# **STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE**

**DAY 3: STEP 3  
COMBINING TECHNIQUES AND TREATMENTS FOR AESTHETIC  
CONCERNS**

**EDUCATIONAL OBJECTIVES:**

DELEGATES WILL ACQUIRE THE NECESSARY KNOWLEDGE AND  
SKILLS TO SAFELY AND SUCCESSFULLY COMBINE TECHNIQUES  
TO TREAT DIFFERENT AESTHETIC CONCERNS

# **STEP 3: DIPLOMA IN NON SURGICAL AESTHETIC MEDICINE**

## **LECTURES: DAY 2: STEP 3**

### **1.SCARS:**

UNDERSTANDING SCARS

ANATOMY

DEVELOPMENT

ACNE SCARS

STRETCH MARKS

COMBINING TREATMENT MODALITIES TO TREAT SCARS (MICRO-  
NEEDLING PRP, MICRORF, LASERS, SCULPTRA, SUBCISION

### **2.HAND REJUVENATION:**

USE OF BLUNT CANNULAS

PRP

FAT AND NANO FAT

ENERGY BASED TREATMENTS (IPL, FRACTIONAL LASER, MICRORF)

SCULPTRA

FILLERS

### **3.NEUROMODULATORS AND FILLERS**

BROWLIFT

FACIAL CONTOURING

LIPS (LIP FLIP, PERIORAL LINES AND LIP FILLER)

### **4.DECOLLETE AREA AND NECK COMBINING MODALITIES**

### **5.THE AESTHETIC PRACTICE**

THE PATIENT EXPERIENCE

MARKETING

FINANCIAL OPTIONS

WHAT YOUR CLINIC SHOULD LOOK AND FEEL LIKE

STAFF TRAINING

THE MONEY TALK

## **HANDS ON SESSION**





CERTIFICATES WILL BE GIVEN AFTER EACH  
STEP AND DIPLOMATE BOARD  
CERTIFICATE AFTER PASSING OF BOARD  
EXAM

## **BOARD EXAMINATION**

ORAL EXAMINATION

WRITTEN BOARD EXAMINATION

MULTIPLE-CHOICE QUESTION

4 HOURS DURATION

120+ QUESTIONS



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